## BREAKFAST

Fresh fruit salad V 2.50
Egg \& soldiers V 2.85
Add a sausage or ham 1.20
Pancakes with chocolate sauce or maple syrup $V 3.00$ Add a banana 0.50

## SNACKS

Sandwiches choose from cheese, ham, tuna mayo or chicken 3.00 Extra filling 1.20

Cheese \& tomato flatbread 3.50
Add chicken 1.20
Falafel flatbread $V 3.50$
Chicken tikka with rice \& veg sticks 5.25

Spaghetti Bolognese 5.00
Spaghetti \& tomato sauce $V 4.50$
Spaghetti pesto V 4.50

## SIDES v

Sweet potato mash, Sweet potato fries, Long grain rice, Steamed quinoa, Baked beans - all 1.50

Other seasonal sides are available ask server for today's choices

Dishes below come with carrots, broccoli \& a choice of shoestring fries, sweet potato fries, potato mash, sweet potato mash, long grain rice, new potatoes, penne pasta or steamed quinoa

Chargrilled $40 z$ sirloin steak 7.50
Chargrilled chicken 5.00
Steamed fillet of salmon 6.00
Chargrilled chicken burger 5.50
Homemade beef burger 5.00
Lightly breaded strips of chicken $4.50 / 6.00$

Lemon sole goujons 5.50
British Cumberland sausages 4.75

## DESSERTS

Fresh fruit salad $V 2.50$
Warm chocolate brownie $V 2.50$
Ice cream V 2.50
Low fat frozen yoghurt $V 3.95$

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[^0]:    V: Vegetarian. Choose from white, wholemeal or granary bread. Choose from penne or gluten free pasta. Our beef is 21 day aged Red Hereford beef. Our eggs are free range.

